



**St Matthew's RC High School**  
**Key Stage 3 Curriculum Plan 2016/17**  
**Subject: Physical Education**

Yr		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7-9	Boys	Cross-Country Football	Rugby Basketball	Cross-Country HR Fitness	Table Tennis Football	Athletics Frisbee	Athletics Softball
	Girls	Netball Fitness	Netball/Football Gymnastics	Dance	Tag Rugby Basketball	Athletics Rounders	Athletics Badminton